WELL smoothies

Avocado Greens:

spinach, banana, pineapple, mango, avocado, mint, ginger, fresh-squeezed apple juice, coconut water, creatine

Banana Coffee:

coffee, whey protein, oat milk, banana, chia seeds, agave nectar

Field of Greens:

kale, spinach, parsley, chlorophyll, green apple, fresh lime juice, supergreens probiotics, coconut water

Lavender:

lavender, blueberries, fresh-squeezed lemon juice, ginger root, honey, hemp seeds, chia seeds

Mint Chip:

banana, coconut milk, fresh mint, fresh spinach, cacao nibs, organic plantbased protein

Tropical Earth:

pineapple, lion's mane, almond butter, coconut, coconut water, spinach, chlorophyll, 100% vegan

Banana Kale:

kale, banana, house-made granola, dates, peanut butter powder, almond milk

Protein:

hemp protein, guava, almonds, coconut, agave, coconut water, chia seeds

Wholesome Harvest:

kale, blueberries, blackberries, honey, brown rice protein, raisins, almonds, walnuts, cinnamon, hemp milk

<u>Dirty Chai:</u>

maca, hemp protein, coconut, dates, coffee beans, chai powder, honey, oat milk

Verde Vixen:

avocado, green apple, celery, parsley, lemon, cayenne, ginger, sea salt, supergreens

Green Sea Detox:

spinach, green apple, cucumber, lime juice, mint, sea moss, coconut milk



WELL fresh-squeezed juices

<u>Immunity:</u>

orange, carrots, black pepper, turmeric, honey, ginger, lemon, bee pollen

Hydrator:

watermelon, celery, apple, cucumber, ginger, mint

Energy:

apple, spinach, sweet potato, ginger, B12

Detox:

kale, lemon, beetroot, ginger, pineapple, fennel, coconut water

Digestion:

papaya, pineapple, ginger, cucumber, lemon, mint

Inflammation:

turmeric, ginger root, spinach, blueberries, strawberries

Brain Function:

orange, carrot, beet, celery, liquid lion's mane, MCT

Replenish:

beet, lemon, ginger, apple, parsley

WELL add-ons

Whey Protein

Hemp Seeds

Zeolite

Immune Boost

Oil of Oregano

Bee Pollen

Chia Seeds

Turmeric

Spirulina

Cacao Powder

Hemp Protein

Gluten Free Granola

Collagen

Chlorella

Matcha MCT Oil
Flax Seeds Agave
Maca Sea Moss

